



INFORMATION PACK

2025-2026

BEC Gym, Kings Park Drive, Bournemouth, BH7 6JD

✉ Bournemouthelite@live.co.uk



WELCOME...

Welcome to Bournemouth Elite for the 2025/2026 Season.

At BEC, our athletes are at the heart of everything we do. We're dedicated to fostering sportsmanship, teamwork, individual growth, and skill development—while building lasting trust and friendships within our teams. We know you are going to love being a part of the BEC Family.

Over the past 15 seasons, we've grown from a single senior team into a thriving cheerleading programme with a strong reputation for both talent and supportive friendly vibes. Thanks to the incredible individuals who've joined us along the way, BEC is now home to over 200 athletes. Looking ahead to 2026, we're thrilled to have earned a bid to the European Summit and to the IASF Cheerleading Worlds in Florida.

This season, we're excited to expand our programme and offer even more opportunities for our athletes to grow, develop and thrive.

We value each and every athlete, and we can't wait to see where your journey takes you—this season and beyond.

See you in the gym soon!

Zoe and the BEC Coaches



WHAT WE OFFER

- Recreational Teams
- Prep Teams
- Allstar Teams
- Travel Teams
- Private Sessions
- Open Gyms
- Stunt and Tumble Camps



HOW TO JOIN US...

STEP 1

- Read through the info pack and decide what type of team would suit you Recreational (Non-Competitive) or Competitive

STEP 2

- Download the Coacha app and create your account. Linked on this page is the sign up form. U18's must have a Parent/Guardian do this for them.

STEP 3

- Complete the sign up form and we will arrange for you to attend a trial session in the correct age group.



USEFUL LINKS

[COACHA SIGN UP](#)
[FORM](#)
[EMAIL](#)

Whilst our formal tryouts take place in July we accept athletes all year round onto our Recreational Programme.

Athletes that tryout will be placed on a team that our coaches decide is the right fit for that athlete, you are not able to tryout for a specific team.

Athletes placed on a competitive team will be expected to attend **ALL** competitions with their team.

Recreational athletes are expected to take part in the programme showcases and will not be required to attend competitions, nor will they be required to purchase a uniform.



25/26 SCHEDULE & AGE GRIDS

WEEK DAY TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-5PM	Bubbles - U6 Recreational	Sky - U12 Recreational		Flurries - U8 Recreational	Navy - U16 Recreational
5-7.30PM	Ripples - U12 Prep	Jets - U14 AllStar	Raindrops - U8 Prep	Thunder - U10 Prep	Frost - U16 Prep
7.30-10PM	Crystal- Senior Rec 7.30-8.30	Tornado - IO AllStar	H2O - U18 AllStar	Cobalt IONT7	Blizzard - Senior Prep

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-7.30PM	Luna - U14 AllStar	Aqua U16 3	Lightning - U16 AllStar	Aqua U16 3	Sapphire - U12 AllStar
7.30-10PM	Royal - Senior Coed AllStar	Hail IOLC5	Cobalt IONT7	Hail IOLC5	Midnight - Senior AllStar

WEEKEND TIMETABLE

	Saturday Team
9-11am	Development L3
11.30-1.30	Development L2

AGE GRID

U6 **2019-21**

U8 **2017-21**

U10 **2015-19**

U12 **2013-18**

U14 **2011-16**

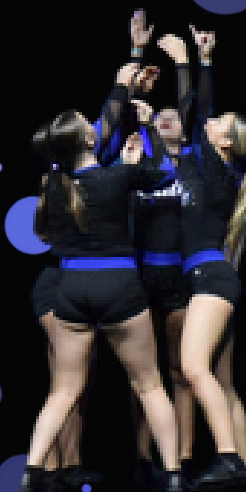
U16 **2009-14**

U18 **2007-12**

Senior **2014 or**
10 year age gap applies **before**

Hail **2010 or**
before

Cobalt **2009 or**
before



DATES FOR THE DIARY

OPEN GYM AGE 12 & UNDER 2-4PM
AGE 13 + 4-6PM

AUG	SEPT	OCT	NOV	DEC
2nd	6th	4th	8th	13th
23rd	20th	18th	22nd	
JAN	FEB	MAR	APR	MAY
10th	14th	7th	4th	9th
31st		21st		30th

CHOREO DATES

AQUA

27/10/25 - 9:30-3:30pm

28/10/25 - 9:30-3:30pm

29/10/25 - 9:30-3:30pm

COBALT

23/10/25 - 5:00-10:00pm

24/10/25 - 5:00-10:00pm

27/10/25 - 5:00-10:00pm

HAIL

25/10/25 - 9:00-6:00pm

26/10/25 - 9:00-6:00pm

28/10/25 - 5:00-10:00pm

LIGHTNING

29/10/25 - 5:00-10:00pm



COMPETITIONS

Dec 7th	Showcase	All Teams
Jan 25th	BCA Bid Battle	Worlds Teams
Feb 7/8th	ICC Southernns P2	All Teams
March 14/15th	Legacy Dream Extreme	All Teams
March 28/29th	ICC Nationals	Worlds Teams
April 11/12th	FC Adv in Atlantis	Aqua, Hail Cobalt
May 23/24th	BCA Nationals	AllStar Teams
June 6/7th	BCA Showdown	All Teams
June 13/14th	Showcase	All Teams
June 26-28th	FC Nationals	AllStar Teams

Competitive athletes are required to compete at ALL competitions

COSTS

REGISTRATION FEES

On joining Bournemouth Elite for the 25/26 Season ALL athletes will be required to pay a non refundable registration fee of **£25**.

This will secure their place on the team and cover a training tshirt, Sport Cheer England membership and music. (This does not cover Worlds teams music.)

Aqua, Cobalt and Hail will be required to pay an additional **£100** on acceptance of their place on the team to secure their flight deposit.

Monthly Fees are payable on the 8th of each month, this will be collected through direct debit on Coacha.

UNIFORM

Both Cobalt and Hail will have new uniforms price TBC. Our programme uniform will stay the same for the 25/26 season.

Our Programme uniform is supplied by Rebel Athletic. This is £200 including a scrunchie and is broken into 2 payments of £100. Due on:

- 15th September
- 15th November

All Competitive teams wear black Rebel Ruthless shoes, these are £87 and orders will be taken throughout the season.

***Recreational athletes do not need uniform**

MONTHLY FEES DUE

TRAINING TIME	TEAMS	MONTHLY FEE
1 HOUR	U6 Recreational U8 Recreational U12 Recreational U16 Recreational Senior Recreational	£42
2.5 HOURS	U8 Prep U10 Prep U12 Prep U16 Prep Senior Prep U12 AllStar U14 AllStar U16 AllStar U18 AllStar Senior/ IO AllStar	£70
5 HOURS	Aqua Cobalt Hail	£90
CROSSOVERS	2 Competitive Teams 1 Competitive 1 Recreational Development Team	+£20 +£10 +£25

***Crossover Fees are in addition to your normal monthly fee**



COMPETITION COSTS

COMPETITION ENTRY

	PAYMENT 1 15/10/25	PAYMENT 2 15/02/26
PREP	£84.5	£36
ALLSTAR	£84.5	£146
AQUA	£126.5	£146

CROSSOVER ENTRY

	PAYMENT 1 15/10/25	PAYMENT 2 15/02/26
2 PREP TEAMS	£150.5	£63
2 ALLSTAR TEAMS	£150.5	£253
AQUA + ALLSTAR	£192.5	£253

*Competition fees can be broken down monthly so long as the balance is paid by the due date. Athletes will not be entered into the Competition if entries are not paid by the date listed.



COBALT & HAIL

	PAYMENT 1 15/10/25	PAYMENT 2 15/12/25	PAYMENT 3 15/02/26
COBALT	£84.5	£97	£146
HAIL	£84.5	£55	£146

THIRD TEAM COSTS

Please email for us to confirm the competition costs if you are in 3 teams.

WORLDS COSTS

IASF Worlds Cost is approx £2200 per athlete. Athletes U18 will be expected to have a parent attend with them.

SUMMIT COSTS

EU Summit will not be booked through us. A £400 fee is payable to BEC for costs and entry.

All Monthly Payments will now go through Coacha, competition entry is payable using the below bank details:

NEW BANK DETAILS

Bournemouth Elite
Cheerleading Ltd

69118667
60-83-71