



INFORMATION PACK

2025-2026

BEC Gym, Kings Park Drive, Bournemouth, BH7 6JD

✉ Bournemouthelite@live.co.uk



WELCOME...

Welcome to Bournemouth Elite for the 2025/2026 Season.

At BEC, our athletes are at the heart of everything we do. We're dedicated to fostering sportsmanship, teamwork, individual growth, and skill development—while building lasting trust and friendships within our teams. We know you are going to love being a part of the BEC Family.

Over the past 15 seasons, we've grown from a single senior team into a thriving cheerleading programme with a strong reputation for both talent and supportive friendly vibes. Thanks to the incredible individuals who've joined us along the way, BEC is now home to over 200 athletes. Looking ahead to 2026, we're thrilled to have earned a bid to the European Summit and to the IASF Cheerleading Worlds in Florida.

This season, we're excited to expand our programme and offer even more opportunities for our athletes to grow, develop and thrive.

We value each and every athlete, and we can't wait to see where your journey takes you—this season and beyond.

See you in the gym soon!

Zoe and the BEC Coaches



WHAT WE OFFER

- Recreational Teams
- Prep Teams
- Allstar Teams
- Travel Teams
- Private Sessions
- Open Gyms
- Stunt and Tumble Camps



HOW TO JOIN US...

STEP 1

- Read through the info pack and decide what type of team would suit you Recreational (Non-Competitive) or Competitive

STEP 2

- Download the Coacha app and create your account. Linked on this page is the sign up form. U18's must have a Parent/Guardian do this for them.

STEP 3

- Complete the sign up form and we will arrange for you to attend a trial session in the correct age group.



USEFUL LINKS

[COACHA SIGN UP](#)
[FORM](#)
[EMAIL](#)

Whilst our formal tryouts take place in July we accept athletes all year round onto our Recreational Programme.

Athletes that tryout will be placed on a team that our coaches decide is the right fit for that athlete, you are not able to tryout for a specific team.

Athletes placed on a competitive team will be expected to attend **ALL** competitions with their team.

Recreational athletes are expected to take part in the programme showcases and will not be required to attend competitions, nor will they be required to purchase a uniform.



25/26 SCHEDULE & AGE GRIDS

WEEK DAY TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-5PM	Bubbles - U6 Recreational	Sky - U12 Recreational	Crystal- Senior Recreational	Flurries - U8 Recreational	Navy - U16 Recreational
5-7.30PM	Ripples - U12 Prep	Jets - U14 AllStar	Raindrops - U8 Prep	Thunder - U10 Prep	Frost - U16 Prep
7.30-10PM	Mist - Senior AllStar	Tornado - IO AllStar	H2O - U18 AllStar	Cobalt IONT7	Blizzard - Senior Prep

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-7.30PM	Luna - U14 AllStar	Aqua U16 3	Lightning - U16 AllStar	Aqua U16 3	Sapphire - U12 AllStar
7.30-10PM	Royal - Senior Coed AllStar	Hail IOLC5	Cobalt IONT7	Hail IOLC5	Midnight - Senior AllStar

WEEKEND TIMETABLE

	Saturday Team
9-11am	Development L3
11-1pm	Development L2

AGE GRID

U6 **2019-21**

U8 **2017-21**

U10 **2015-19**

U12 **2013-18**

U14 **2011-16**

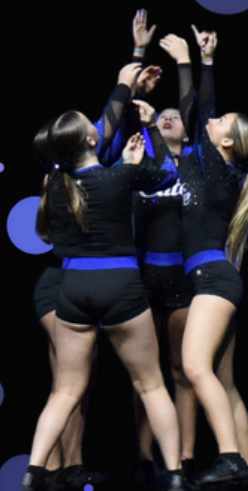
U16 **2009-14**

U18 **2007-12**

Senior **2014 or**
10 year age gap applies **before**

Hail **2010 or**
before

Cobalt **2009 or**
before



DATES FOR THE DIARY

OPEN GYM AGE 12 & UNDER 2-4PM
AGE 13 + 4-6PM

COMPETITIONS

Dec 7th Showcase All Teams

Jan 25th BCA Bid Battle Worlds Teams

Feb 7/8th ICC Southern P2 All Teams

March 14/15th Legacy Dream Extreme All Teams

March 28/29th ICC Nationals Worlds Teams

April 11/12th FC Adv in Atlantis Aqua, Hail Cobalt

May 23/24th BCA Nationals AllStar Teams

June 6/7th BCA Showdown All Teams

June 13/14th Showcase All Teams

June 26-28th FC Nationals AllStar Teams

Competitive athletes are required to compete at ALL competitions

AUG SEPT OCT NOV DEC

2nd 6th 4th 8th 13th
23rd 20th 18th 22nd

JAN FEB MAR APR MAY

10th 14th 7th 4th 9th
31st 21st 30th

CHOREO DATES

AQUA

27/10/25 - 9:30-3:30pm
28/10/25 - 9:30-3:30pm
29/10/25 - 9:30-3:30pm

COBALT

23/10/25 - 5:00-10:00pm
24/10/25 - 5:00-10:00pm
27/10/25 - 5:00-10:00pm

HAIL

25/10/25 - 9:00-6:00pm
26/10/25 - 9:00-6:00pm
28/10/25 - 5:00-10:00pm

U16

29/10/25 - 5:00-10:00pm



COSTS

REGISTRATION FEES

On joining Bournemouth Elite for the 25/26 Season ALL athletes will be required to pay a registration fee of **£25**.

This will secure their place on the team and cover a training tshirt, Sport Cheer England membership and music. (This does not cover Worlds teams music.)

Aqua, Cobalt and Hail will be required to pay an additional **£100** on acceptance of their place on the team to secure their flight deposit.

Monthly Fees are payable on the **1st** of each month, this will be collected through direct debit on Coacha.

UNIFORM

Both Cobalt and Hail will have new uniforms price TBC. Our programme uniform will stay the same for the 25/26 season.

Our Programme uniform is supplied by Rebel Athletic. This is £200 including a scrunchie and is broken into 2 payments of £100. Due on:

- **15th September**
- **15th November**

All Competitive teams wear black Rebel Ruthless shoes, these are £87 and orders will be taken throughout the season.

***Recreational athletes do not need uniform**

MONTHLY FEES DUE

TRAINING TIME	TEAMS	MONTHLY FEE
1 HOUR	U6 Recreational U8 Recreational U12 Recreational U16 Recreational Senior Recreational	£42
2.5 HOURS	U8 Prep U10 Prep U12 Prep U16 Prep Senior Prep U12 AllStar U14 AllStar U16 AllStar U18 AllStar Senior/ IO AllStar	£70
5 HOURS	Aqua Cobalt Hail	£90
CROSSOVERS	2 Competitive Teams 1 Competitive 1 Recreational Development Team	+£20 +£10 +£25

***Crossover Fees are in addition to your normal monthly fee**



ESTIMATED COSTS

COMPETITION ENTRY

	PAYMENT 1 15/10/25	PAYMENT 2 15/02/26
PREP	£96	£42
ALLSTAR	£96	£147
AQUA	£138	£147

CROSSOVER ENTRY

	PAYMENT 1 15/10/25	PAYMENT 2 15/02/26
2 PREP TEAMS	£162	£72
2 ALLSTAR TEAMS	£162	£248
AQUA + ALLSTAR	£205	£248

*Competition fees can be broken down monthly so long as the balance is paid by the due date. Athletes will not be entered into the Competition if entries are not paid by the date listed.

COBALT & HAIL

	PAYMENT 1 15/10/25	PAYMENT 2 15/12/25	PAYMENT 3 15/02/26
COBALT	£96	£92	£147
HAIL	£96	£50	£147

WORLDS COSTS

IASF Worlds Cost is approx £2200 per athlete. Athletes U18 will be expected to have a parent attend with them.

SUMMIT COSTS

EU Summit is £TBC. All athletes must have a parent with them.

More information on both trips will be provided once teams are finalised.

NEW BANK DETAILS

Bournemouth Elite
Cheerleading Ltd

69118667
60-83-71

All Monthly Payments will now go through Coacha, should bank details be needed please see below :

